



**Voltaren Arthritis Pain Gel** is the **1<sup>st</sup> full prescription strength**, clinically-proven nonsteroidal **anti-inflammatory gel** that is approved for the treatment of arthritis pain.




## Drug Facts

<p><b>Drug Facts</b></p> <p><b>Active ingredient</b> Diclofenac sodium (NSAID*) 1% (equivalent to 0.93% diclofenac) ..... Arthritis pain reliever *nonsteroidal anti-inflammatory drug</p>		<p><b>Drug Facts (continued)</b></p> <p><b>When using this product</b></p> <ul style="list-style-type: none"> <li>• avoid contact with eyes, nose, or mouth</li> <li>• if eye contact occurs, rinse thoroughly with water</li> </ul>					
<p><b>Uses</b></p> <ul style="list-style-type: none"> <li>• for the temporary relief of arthritis pain <b>ONLY</b> in the following areas: <ul style="list-style-type: none"> <li>• hand, wrist, elbow (upper body areas)</li> <li>• foot, ankle, knee (lower body areas)</li> </ul> </li> <li>• this product may take up to 7 days to work for arthritis pain; it is not for immediate relief. If no pain relief in 7 days, stop use.</li> </ul>		<p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>• pain gets worse or lasts more than 21 days</li> <li>• redness or swelling is present in the painful area</li> <li>• fever occurs</li> <li>• skin irritation occurs</li> <li>• any new symptoms appear. These could be signs of a serious condition.</li> <li>• you experience any of the following signs of stomach bleeding: <ul style="list-style-type: none"> <li>• feel faint</li> <li>• have bloody or black stools</li> <li>• vomit blood</li> </ul> </li> <li>• have stomach pain that does not get better</li> <li>• you have symptoms of heart problems or stroke: <ul style="list-style-type: none"> <li>• chest pain</li> <li>• trouble breathing</li> <li>• leg swelling</li> <li>• weakness in one part or side of body</li> <li>• slurred speech</li> </ul> </li> </ul>					
<p><b>Warnings</b></p> <p><b>For external use only</b></p> <p><b>Allergy alert:</b> Diclofenac may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:</p> <ul style="list-style-type: none"> <li>• hives</li> <li>• asthma (wheezing)</li> <li>• skin reddening</li> <li>• blisters</li> <li>• facial swelling</li> <li>• shock</li> <li>• rash</li> </ul> <p>If an allergic reaction occurs, stop use and seek medical help right away.</p> <p><b>Liver warning:</b> This product contains diclofenac. Liver damage may occur if you apply more or for a longer time than directed</p> <ul style="list-style-type: none"> <li>• when using other drugs containing diclofenac</li> </ul> <p><b>Stomach bleeding warning:</b> This product contains an NSAID, which may cause severe stomach bleeding. The chance is small but higher if you</p> <ul style="list-style-type: none"> <li>• are age 60 or older</li> <li>• have had stomach ulcers or bleeding problems</li> <li>• take a blood thinning (anticoagulant) or steroid drug</li> <li>• take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)</li> <li>• have 3 or more alcoholic drinks every day while using this product</li> <li>• apply more or for longer than directed</li> </ul> <p><b>Heart attack and stroke warning:</b> NSAIDs, except aspirin, increase the risk of heart attack, heart failure, and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed.</p>		<p><b>Directions</b></p> <p>Use up to 21 days unless directed by your doctor</p> <p>Not for strains, sprains, bruises or sports injuries. This product has not been shown to work for these types of injuries.</p> <table border="1"> <thead> <tr> <th>Daily</th> <th>Per Dose</th> </tr> </thead> <tbody> <tr> <td> <p><b>For your arthritis pain:</b></p> <ul style="list-style-type: none"> <li>• Use 4 times per day every day</li> <li>• Do not use on more than 2 body areas at the same time</li> </ul> </td> <td> <p><b>Use ENCLOSED DOSING CARD to measure a dose</b></p> <ul style="list-style-type: none"> <li>• For each upper body area (hand, wrist, or elbow) – Squeeze out 2.25 inches (2 grams)</li> <li>• For each lower body area (foot, ankle or knee) – Squeeze out 4.5 inches (4 grams)</li> </ul> </td> </tr> </tbody> </table>		Daily	Per Dose	<p><b>For your arthritis pain:</b></p> <ul style="list-style-type: none"> <li>• Use 4 times per day every day</li> <li>• Do not use on more than 2 body areas at the same time</li> </ul>	<p><b>Use ENCLOSED DOSING CARD to measure a dose</b></p> <ul style="list-style-type: none"> <li>• For each upper body area (hand, wrist, or elbow) – Squeeze out 2.25 inches (2 grams)</li> <li>• For each lower body area (foot, ankle or knee) – Squeeze out 4.5 inches (4 grams)</li> </ul>
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<p><b>Do not use</b></p> <ul style="list-style-type: none"> <li>• if you have ever had an allergic reaction to any other pain reliever or to a fever reducer</li> <li>• for strains, sprains, bruises or sports injuries. This product has not been shown to work for these types of injuries.</li> <li>• right before or after heart surgery</li> <li>• on more than 2 body areas at the same time</li> <li>• in the eyes, nose or mouth</li> </ul>		<p><b>Read the enclosed User Guide for complete instructions:</b></p> <ul style="list-style-type: none"> <li>• use only as directed</li> <li>• do not use more than directed or for longer than directed</li> <li>• apply only to clean, dry skin that does not have any cuts, open wounds, infections or rashes</li> <li>• do not apply in same area as any other product</li> <li>• do not apply with external heat such as heating pad</li> <li>• do not apply a bandage over the treated area</li> <li>• store ENCLOSED DOSING CARD with your Voltaren Arthritis Pain. The dosing card is re-usable.</li> </ul>					
<p><b>Ask a doctor before use if</b></p> <ul style="list-style-type: none"> <li>• you have problems or serious side effects from taking pain relievers or fever reducers</li> <li>• stomach bleeding warning applies to you</li> <li>• you have a history of stomach problems, such as heartburn</li> <li>• you have high blood pressure, heart disease, liver cirrhosis, kidney disease, asthma, or had a stroke</li> <li>• you are taking a diuretic</li> <li>• you are under age 18 years. It is not known if this drug works or is safe in children under age 18 years.</li> </ul>		<p><b>Other information</b></p> <ul style="list-style-type: none"> <li>• store at 20-25°C (68-77°F). Keep from freezing.</li> <li>• read all product information before using. Keep the dosing card, this carton and accompanying User Guide for important information.</li> </ul>					
<p><b>Ask a doctor or pharmacist before use if you are</b></p> <ul style="list-style-type: none"> <li>• under a doctor's care for any serious condition</li> <li>• taking any other drug</li> </ul>		<p><b>Inactive ingredients</b> carbomer homopolymer Type C, cocoyl caprylocaprate, fragrance, isopropyl alcohol, mineral oil, polyoxyl 20 cetostearyl ether, propylene glycol, purified water, strong ammonia solution</p> <p><b>Questions or comments?</b> 1-855-297-3031 <a href="http://www.voltarengel.com">www.voltarengel.com</a></p>					

**Voltaren is the #1 Doctor Recommended Topical Pain Relief Brand\***

\*Based on surveyed doctors, Voltaren is approved for use for the treatment of arthritis pain."

## Dosing Card



**Voltaren** **ARTHRITIS PAIN** **Dosing Card** (NOT ACTUAL SIZE)  
 diclofenac sodium topical gel, 1% (NSAID) - arthritis pain reliever

**Upper body dose** 2.25 inches long (2 grams)

**Lower body dose** 4.5 inches long (4 grams)

Read product User Guide before use  
 Not for immediate pain relief

**The dosing card should always be used to measure a dose**

- For each upper body area (hand, wrist, or elbow) squeeze out 2.25 inches (2 grams)
- For each lower body area (foot, ankle, or knee) squeeze out 4.5 inches (4 grams)

## Treatment Areas & Directions

**Voltaren® Arthritis Pain**  
 provides effective pain relief

**TREATMENT AREAS**



**IF YOU EXPERIENCE...**

- |                        |                       |                              |  |
|------------------------|-----------------------|------------------------------|--|
| ✓<br><b>Joint pain</b> | ✓<br><b>Stiffness</b> | ✓<br><b>Lack of mobility</b> | ✓<br><b>Enlarged or swollen joints</b> |
|------------------------|-----------------------|------------------------------|--|

**YOU MIGHT HAVE OA**

- Apply it 4 times a day, every day
- Do not use on more than 2 body areas at the same time
- After 21 days, consult a physician before further use

## FAQs

<b>What is the active ingredient in Voltaren?</b>	Diclofenac sodium is the active ingredient in Voltaren Arthritis Pain, an over-the-counter arthritis pain relief gel. OTC diclofenac gel is used to relieve pain from arthritis in the knees, ankles, feet, elbows, wrists, and hands. <sup>2</sup> Over-the-counter diclofenac sodium topical gel can be good option for people who don't want to take oral NSAIDs or they can't swallow pills.
<b>What makes Voltaren different from other pain products?</b>	Voltaren is the <b>first full prescription strength</b> , clinically-proven nonsteroidal anti-inflammatory (NSAID) gel. It is FDA Approved to be used up to 2x longer than OTC pills. Unlike pills, Voltaren is applied topically for targeted pain relief. Unlike other non-diclofenac topicals, Voltaren contains an NSAID for clinically proven pain relief.
<b>Is Voltaren safe? Does it really work?</b>	With a proven safety profile for 10+ years, Voltaren Arthritis Pain Gel is an effective topical non-steroidal anti-inflammatory (NSAID) arthritis pain reliever when used as directed.
<b>How should I apply Voltaren?</b>	Use the dosing card to measure the correct dose. Gently rub Voltaren into the skin using your hand. You should apply it 4 times a day for best results. Only apply to clean, dry skin that doesn't have any cuts, open wounds, infections, or rashes. Do not apply in the same area as any other medicine or products applied to the skin.
<b>Is it greasy or have a strong odor?</b>	Voltaren Arthritis Pain is made of a smooth, non-greasy formula that combines a gel and cream (Voltaren Emulgel™) for topical application. This specialized formula helps the active ingredient, diclofenac, penetrate through the skin at the site of pain. When applied, Voltaren creates a cooling and moisturizing effect. It also has a clean scent.
<b>Can I use this with other pain medications?</b>	Ask your doctor or pharmacist before using Voltaren if you are taking any other pain reliever or are planning on taking any other pain reliever, especially prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others).
<b>Where should I use Voltaren?</b>	You can use Voltaren on up to 2 body areas at the same time. The areas can include a foot, ankle, knee, hand, wrist, and elbow. Voltaren has not been studied for the relief of arthritis pain in the shoulders, hips, and back.
<b>How long does Voltaren take to work?</b>	Voltaren contains an effective nonsteroidal anti-inflammatory medicine which is clinically proven to relieve arthritis joint pain. With 4-times-a-day use, you may start to feel relief within a few days. You should feel significant pain relief within 7 days of continuous use.