



# OTC decision tree (age)

With so many different options to choose from, this chart can help you recommend the most effective OTC pain relief.

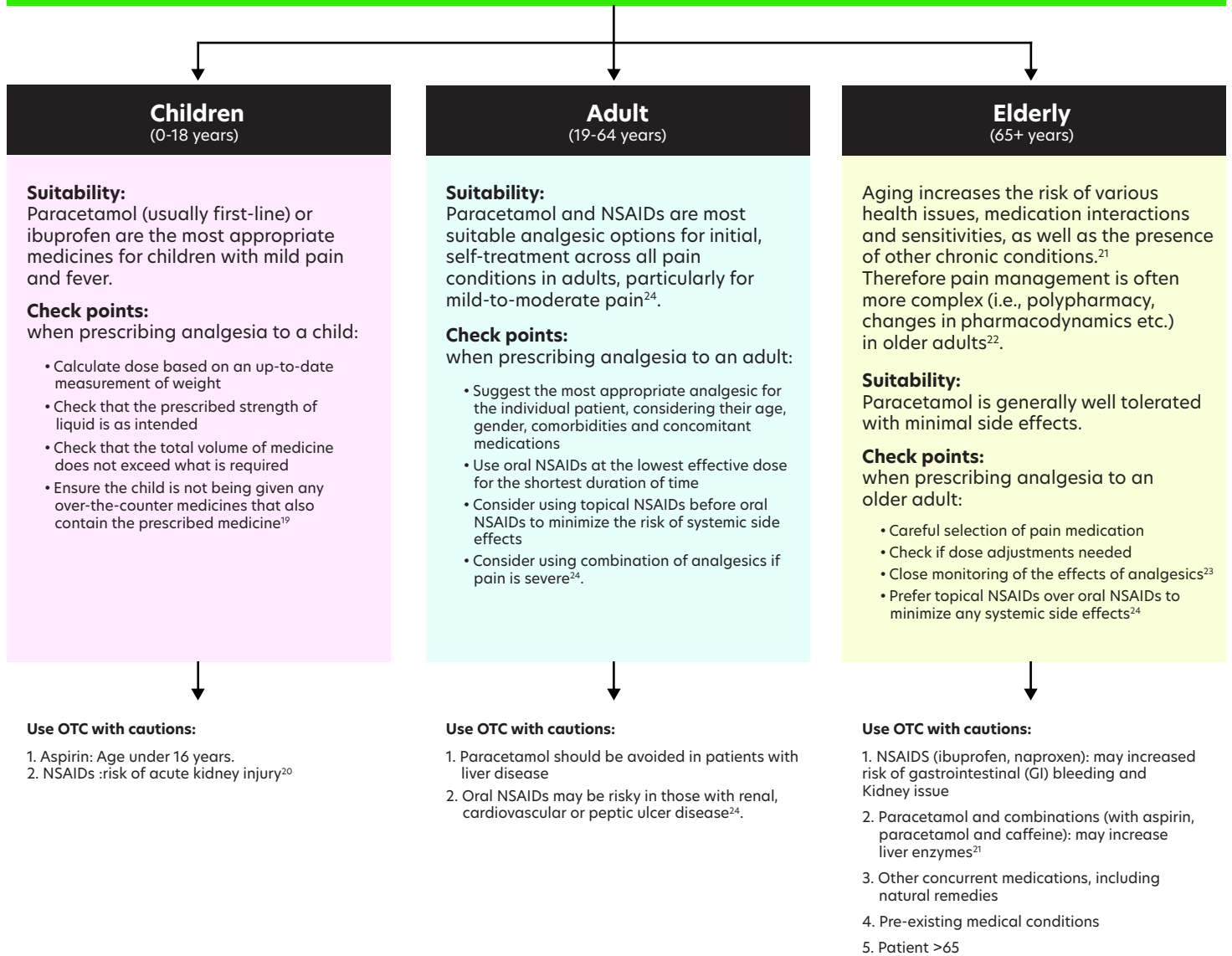
## OTC analgesics for various pain types

	Children (0-18 years)	Adult (19-64 years)	Elderly (65+ years)
 <b>Dental Pain</b>	Oral PCM, IBU, NAP and their combination <sup>1</sup>	Oral PCM, IBU, NAP; and their combination <sup>1</sup>	Oral PCM, IBU, NAP and their combination <sup>1</sup>
 <b>Osteoarthritis (OA)</b>	NA	<ul style="list-style-type: none"> <li>• Topical NSAIDs</li> <li>• Oral NSAIDs, PCM<sup>2</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Topical NSAIDs</li> <li>• Oral NSAIDs and PCM<sup>2</sup></li> </ul>
 <b>Musculoskeletal (MSK) Pain</b>	NA	<ul style="list-style-type: none"> <li>• Topical NSAIDs</li> <li>• Oral NSAIDs, PCM and their combination<sup>3</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Topical NSAIDs</li> <li>• Oral NSAIDs &amp; PCM and their combination<sup>3</sup></li> </ul>
 <b>Tension type Headache (TTH)</b>	Oral PCM and oral NSAIDs (IBU, NAP etc.) <sup>4</sup>	Oral PCM and NSAIDs (IBU, NAP etc.) <sup>4</sup>	Oral IBU and PCM <sup>5</sup>
 <b>Low back pain (LBP)</b>	NA	<ul style="list-style-type: none"> <li>• Topical NSAIDs<sup>7</sup></li> <li>• Oral NSAIDs, PCM and their combination<sup>6,8</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Topical NSAIDs<sup>7</sup></li> <li>• Oral NSAIDs and PCM<sup>6</sup></li> </ul>
 <b>Migraine</b>	Oral PCM and IBU <sup>9</sup>	Oral PCM, aspirin, diclofenac and IBU <sup>10</sup>	Oral PCM, combination of PCM with caffeine <sup>9</sup>
 <b>General Pain</b>	Oral PCM and IBU <sup>11</sup>	<ul style="list-style-type: none"> <li>• Topical NSAIDs</li> <li>• Oral NSAIDs, PCM and their combination<sup>7</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Topical NSAIDs</li> <li>• Oral PCM<sup>12</sup>, NSAIDs (if suitable)<sup>13</sup></li> </ul>
 <b>Period Pain</b>	NA	Oral NSAIDs (IBU, NAP, aspirin etc.) <sup>16,17</sup>	NA
 <b>Sore throat Pain</b>	Oral PCM or IBU (if suitable) <sup>18</sup>	Oral PCM or IBU (if suitable) <sup>18</sup>	Oral PCM or IBU (if suitable) <sup>18</sup>
 <b>Fever</b>	Oral PCM and IBU <sup>11</sup>	Oral PCM <sup>14</sup> or IBU <sup>15</sup>	Oral PCM <sup>14</sup>

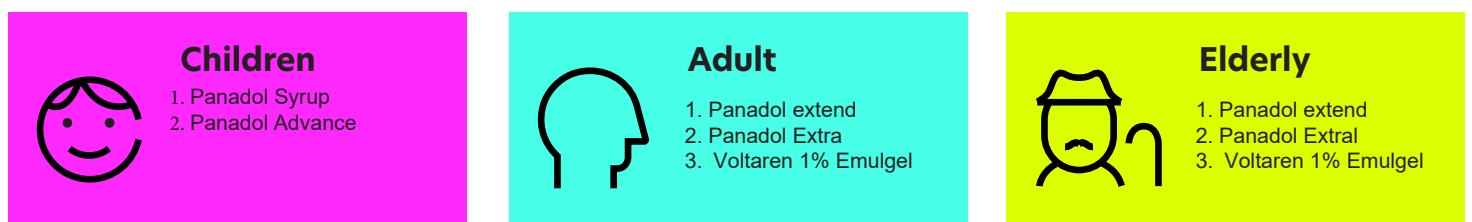
**Abbreviations:** PCM: Paracetamol; IBU: Ibuprofen; NAP: Naproxen; NSAIDs: Nonsteroidal anti-inflammatory drugs

**Disclaimer:** Treatment guidelines and recommendations need to be applied according to your local environment, always check the latest version of your local guidelines and follow the instructions in the label of the product you select to recommend.

# Key Considerations for Choosing OTC Analgesics across patient's different age groups



## Haleon Pain portfolio covers all age groups



## References:

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