

HALZON



**EAT, SPEAK
& SMILE WITH
CONFIDENCE**

Your guide to partial
& denture care

POLIDENT

No.1 brand in
denture care¹

Product information &
instructions for use

Always follow the directions for use.

LIVE MORE, SMILE MORE, WITH OUR POLIDENT RANGE

Polident cleansers and adhesives can help keep your partials/dentures clean and comfortable. Choose from our range to **find the Polident combination that suits you.**



**Fast, fresh deep
clean in 3 minutes**



**Helps remove tough
stains and deep cleans**

- Removes* 99.9% of odour-causing bacteria*
- Removes stains and discolouration
- Formulation deep cleans without scratching or harming denture materials

*When used as directed

*In laboratory tests. Kiesow, A. et al. (2016) J. Prosthet. Dent. 115(2) 189-198.

Financial sponsor: Haleon

Always follow the directions for use.



- Reduces denture movement
- Improves hold for up to 12 hours*
- Two options: Flavour free and fresh



- Improves hold for up to 12 hours*
- Helps form an all-round seal to block 5x more food particles*
- Easy and precise application through precision nozzle



- Improves hold for up to 12 hours*
- Improves comfort* by forming a protective gel layer which helps cushion gums and reduces pressure
- Easy and precise application through precision nozzle

*vs no adhesive

Always follow the directions for use.

POLIDENT ADHESIVE CREAMS

Polident adhesives help improve hold, comfort, food seal and confidence.*

DIRECTIONS FOR USE (Fresh & Flavour free)

- When using for the first time, apply a small amount. Gradually use more if needed. Too much adhesive can cause oozing. Apply less next time if this occurs. It may take a few attempts to find the right amount for your denture
- Apply once a day for secure hold. If you need to apply more than once a day, seek advice from your dental health professional.
- Wait several minutes before eating or drinking
- Provides a firm hold for up to 12 hours



*vs no adhesive

Always follow the directions for use.

APPLYING POLIDENT ADHESIVES (Fresh & Flavour Free)

Apply Polident adhesive once a day.

STEP 1 Clean and dry your denture

STEP 2 Squeeze 2-3 strips on to each denture, as shown below, away from denture edges. Apply sparingly. Do not overuse.

STEP 3 Rinse mouth before inserting denture

STEP 4 Press in place, hold firmly and bite down for about one minute.

UPPER



LOWER



PARTIAL



REMOVING POLIDENT ADHESIVES

STEP 1 **RINSE** mouth with warm water, then slowly remove partial/denture using a rocking motion.

STEP 2 **REMOVE** adhesive residue from partial/denture and mouth with warm water and soft brush.

STEP 3 Clean dentures daily with Polident Denture Cleanser tablets. A soft brush may be needed to remove any residual adhesive. Rinse under warm water.

Always follow the directions for use.

DEEP CLEAN DAILY WITH POLIDENT DENTURE CLEANSERS

Polident cleansers remove* **99.9%** of odour causing-bacteria**, clean stains and remove discolouration, with a non-abrasive formula that cleans without scratching.

HOW TO CARE FOR YOUR DENTURES

Just like natural teeth, plaque can continually build up on your partials/dentures while they're in your mouth. However, partials/dentures are different to teeth. Dentures are softer than teeth and brushing with regular toothpaste can cause scratches.

You can't see the microscopic scratches, but they are a breeding ground for bacteria which could lead to bad breath. Polident cleanser removes* **99.9%** of odour-causing bacteria**, with formulations that clean without scratching.



A daily deep cleanse with Polident Cleanser tablets helps keep your partials/dentures clean and fresh.



**3 minute
cleanser**



**Whitening
cleanser**

*when used as directed **in laboratory tests. Kiesow, A. et al. (2016) J. Prosthet. Dent. 115(2) 189-198. Financial sponsor: Haleon.

Always follow the directions for use.

HOW TO USE POLIDENT DENTURE CLEANSERS (3 MINUTE AND WHITENING)

Soaking with a Polident denture cleanser can help remove stains, plaque and odour-causing bacteria* to keep your denture clean and fresh.



SOAK

STEP 1

DROP one Polident Daily Cleanser Tablet into enough very warm (not hot) water to cover partial/denture.



BRUSH

STEP 2

Leave to soak for the recommended time and **BRUSH** denture with the solution using a soft denture brush.

- **Polident 3-Minute cleanser:** soak for 3–5 minutes, or overnight if you prefer.
- **Polident Whitening cleanser:** soak for 15 minutes, or preferably overnight.



RINSE

STEP 3

RINSE partial/denture thoroughly with running water. Discard solution immediately after use.

*when used as directed

Always follow the directions for use.

For further information on the products
you have been recommended, please visit
www.polident.com/en-au/

Please keep this leaflet with your product samples.

Remember to have regular check-ups with your dental health professional.

Polident 3 Minute Daily Cleanser Ingredients: Sodium Bicarbonate, Citric Acid, Potassium Caroate (Potassium Monopersulfate), Sodium Carbonate, Sodium Carbonate Peroxide, TAED, Sodium Benzoate, PEG-180, Sodium Lauryl Sulfate, VP/VA Copolymer, Flavour, Cellulose Gum, CI 42090 Aluminum Lake, CI 73015, CI 19140, CI 19140 Aluminum Lake.

Polident 3 Minute Daily Cleanser warnings:



Do not place tablet or solution in mouth. Do not drink cleansing solution or use it as a mouthwash. Keep tablets out of reach of children & those who are at risk of accidentally swallowing the tablet or solution. Do not touch mouth or eyes after handling tablets or solution. Wash hands thoroughly after handling tablet or solution. DO NOT USE: If you are sensitive to any of the ingredients. Causes serious eye irritation. **IF IN EYES:** Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. If eye irritation persists: Get medical advice/attention. Harmful if swallowed. **IF SWALLOWED:** Call the Poisons Information Centre. Australia: 131 126; New Zealand: 0800 764 766 or doctor/physician. May produce allergic reaction. **IF IRRITATION OCCURS:** Discontinue use and get medical advice/attention. Tablets are single use only. Made in Ireland. **Store below 30°C.**

Polident Fresh Denture Adhesive Cream Ingredients: Calcium/Sodium PVM/MA Copolymer, Petrolatum, Cellulose Gum, Mineral Oil, Flavour, Propylparaben, CI 45430.

Polident Fresh Denture Adhesive Cream Warnings: Keep out of sight and reach of children. A few individuals may be sensitive or allergic to this product. If you experience an allergic reaction or discomfort, discontinue use immediately. Other side effects such as oral irritations and gastrointestinal symptoms (e.g. nausea) may occur. Swallowing small amounts of this product, when used as directed, may occur and is not harmful. Ill-fitting dentures may impair your health. Visit your dentist regularly to check your denture fit. To keep tip from clogging, keep cap and nozzle dry. Refasten cap after use. Made in Ireland. **Store in a cool, dry place.**

For batch number and expiration dates, refer to cleanser foil and adhesive tube.

1. IQVIA™ & NielsenIQ© RMS Sell Out Service, Denture Appliance Care (client defined)
Australia Grocery and Pharmacy market MAT to 20/09/2022. REF-71348.

Trade marks are owned by or licensed to the Haleon group of companies
© 2022 Haleon group of companies or its licensor.

Haleon (formerly GSK Consumer Healthcare), Sydney, NSW, Australia. Telephone: 1800 028 533.
PM-AU-POLD-22-00106 November 2022.

EU Manufacturer for Polident 3 Minute Daily Cleanser: Stafford-Miller (Ireland) Limited,
Clocherane, Youghal Road, Dungarvan, Co. Waterford, Ireland.

Always follow the directions for use.